

June 3-9 John 13-17

## "CONTINUE YE IN MY LOVE"

1. Jesus Washing Feet/Praying for Us: Sing "Love One Another." Remind them that Jesus and Heavenly Father love them lots. Review some of the things they've done that show love for us.
  - Watch the following YouTube video to help them remember some specific things that show their love for us: [https://www.youtube.com/watch?v=2zSaOgz\\_X48](https://www.youtube.com/watch?v=2zSaOgz_X48). Talk about how Christ did many things while He was alive that show His and Heavenly Father's love for us.
  - Show picture and read/summarize/discuss how the Savior washed the disciples' feet in John 13:1-17. Remind them that this was right before He knew people were going to hurt Him (crucify Him). Make sure to point out how dirty their feet must have been as well.
  - Show picture of Jesus praying and explain how in John 17:20, He prayed for us. Remind them of how much He cares about each one of us.
  - Do they still do things that show their love for us? Talk about some of the blessings we currently have because of them.
2. Personal Quiz: (I show my love for Jesus Christ by keeping His commandment to love) In John 15:14, Jesus called us "friends." What does it mean to be a good friend? How is He our friend? Tell them to listen carefully to John 15:13 to hear what Jesus did because of His love for us (his friends). Spend some time talking about how He did the ultimate act to show us His love. What are we doing to show Him that we love Him as well?
  - Read/summarize/discuss John 13:34-35. Talk about ways we can love others and be good friends to them like Jesus is to us.
  - Ask them questions from the "Kindness Challenge" in *The Friend*. Talk about the different choices they could make and encourage them to look for ways to be kinder and better friends to others. Remind them that when we serve others, it's like we're serving God.  
<http://media.ldscdn.org/pdf/magazines/friend-may-2009/2009-05-16-what-kind-of-friend-are-you-eng.pdf>
3. What Would a Good Friend Do?
  - Look at the pictures and read the scenarios for the situations in the left column. Have kids figure out which picture on the right side matches up with the situation for what a good friend could do. Read and discuss each. Then summarize some of the things that good friends can do for each other (comfort, warn, guide, teach, remind, love, etc.). Could also cut apart and do a memory match game (match the scenario up with what a good friend could do).
  - Share story about being a good friend from *The Friend*
    - "Finding a Real Friend" (<http://media.ldscdn.org/pdf/magazines/friend-august-2018/2018-08-0009-finding-a-real-friend-eng.pdf>)
    - or "The Princess and the Monster" (<http://media.ldscdn.org/pdf/magazines/friend-may-2013/2013-05-19-the-princess-and-the-monster-eng.pdf>).
4. What Can the Holy Ghost Do?
  - Show/discuss pictures on "The Holy Ghost Is..." page from *The Friend*. Explain how the Holy Ghost gives us good feelings and can help us just like a good friend could, even though we can't see it. Remind them that they can feel its influence in their lives now, and after baptism they can get the gift of it to keep. If time/interest, share/summarize some of the following roles of the Holy Ghost:
    - John 14:16, Alma 17:10 Comfort
    - John 14:26 Teach and bring things to remembrance
    - John 15:26 Testify of Christ
    - John 16:13 Guide you
    - Moroni 8:26 Fills with hope and love
    - D & C 11:13 Fills you with joy
    - D & C 11:12 Leads you to do good
  - Share one or more stories about the Holy Ghost from *The Friend*. Here are some links to good kid stories: <http://teachldschildren.com/2012/10/holy-ghost-stories/>.

5. Life-Size Board Game: This link has a super cute idea for doing a life-size board game. <http://pinningwithpurpose.blogspot.com/2013/03/agency-fhe-lesson.html>. We're going to simplify it a lot for our young girls though.
  - Remind them that being a good friend and making choices that show love for others can help us feel the Spirit more and bring us closer to Christ.
  - Talk about times when they've made good choices. How did it make them feel? Help them realize that those happy feelings they feel when they've done nice things are actually the Holy Ghost.
  - Cut up the scenario squares and set them in a path leading to the picture of Christ. Just have them move forward one square at a time. Read the scenario for them as they look at the picture. If they can explain a good way to handle that situation, they can move forward to the next space. Keep going until they reach the picture of Christ at the end. Maybe have a small treat/prize at the end as well.
  - Talk about additional things we could do to love others, feel the Spirit in our lives, and get closer to Heavenly Father and Jesus Christ.
6. Vine/Branch Craft: Using branches and yarn, follow instructions here <https://faithfullittlehands.com/the-vine-and-the-branches-bible-craft/> to summarize John 15:1-8 and talk about how doing nice things helps us stay connected to Jesus. Talk about additional ways we can stay close to and "abide" in Jesus. For each way they can think of for how to stay close to Him, they can get a new color of yarn to wrap around their branch. You could also use pom-poms to represent the fruit that can grow. How can we be more united (connected and together) with Heavenly Father and Jesus? How can we be more united as a family?
  - The manual also says that it might be fun to read these verses outside next to a vine, a tree, or another plant.
7. Fruit Pizza Cookies: Make fruit pizza cookies after discussing the fruits of the Spirit as found in Galatians 5:22-23. Remind them that anytime they feel happy feelings (joy, peace, longsuffering, gentleness, goodness, faith), they're actually feeling the Spirit.
  - Recipe: <http://www.likeandshare.site/2018/11/sugar-cookie-fruit-pizzas-chewy-version.html?m=1>

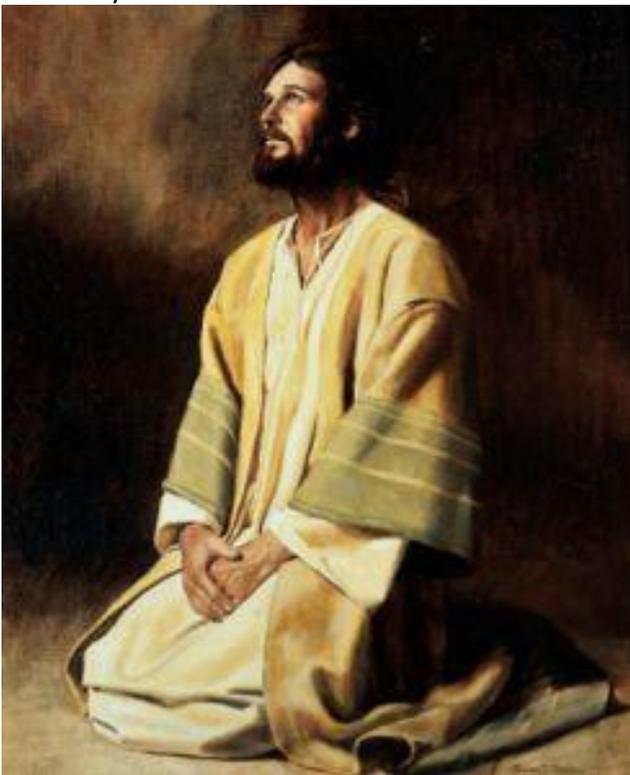
#### Additional Ideas

- Friendship Circle: <https://www.lds.org/study/friend/1984/02/sharing-time-be-a-friend?lang=eng>
- Friendship Ship Game: <http://media.ldscdn.org/pdf/magazines/friend-february-2015/2015-02-17-all-aboard-the-friend-ship-eng.pdf>
- The manual also mentions the idea of drawing pictures or writing on paper hearts something they love about each other and placing them around the house.
- Cute page to review things Christ did that show He loves others (plus lots of other fun ideas): <https://www.theredcrystal.org/blog/continue-ye-in-my-love-june-3-9>
- Listening to the Spirit blindfold activity: <https://www.lds.org/youth/activities/spiritual-strength/increasing-faith-in-christ/faith-walk?lang=eng>

Jesus Washing Feet:



Jesus Prayed for Us:



# The Kindness Challenge

Everyone deserves to be treated like a child of God. Challenge yourself to be more kind!



## Kind, Mean, or In Between?

Jesus showed love and kindness to everyone around Him. Take this quiz and think about how you can follow His example.

- 1. Your friend makes a mean joke about your younger brother. You:**
  - a. Laugh. It was pretty funny!
  - b. Walk away. You don't like to see your brother being teased.
  - c. Say, "Hey, don't tease him." Then take your brother with you to do something else.
- 2. A teacher asks you to help with something. You:**
  - a. Roll your eyes and say, "No way!"
  - b. Pretend not to hear. Maybe she'll ask someone else.
  - c. Say, "Sure!" and lend a helping hand.
- 3. Your friend sends you an embarrassing picture of someone you know. You:**
  - a. Pass it along it to your friends.
  - b. Get rid of it.
  - c. Talk to an adult you trust about what to do.
- 4. The Primary chorister asks everyone to get into groups, and a visitor is being left out. You:**
  - a. Quickly join a group so you won't get stuck with someone you don't know.
  - b. Don't worry about it. The Primary president will put her in a group.
  - c. Introduce yourself and invite her into your group.



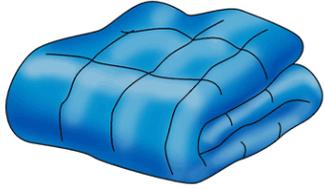
## If you answered...

**Mostly a:** You may be hurting others without realizing it. You can ask yourself, "How would Jesus want me to treat others?" Then look for ways to show your kindness.

**Mostly b:** You're not exactly being mean to others, but you aren't sticking up for them either. Think about how you can share even more kindness—at home, at school, and at church.

**Mostly c:** You are being kind. You're also setting a good example for others to follow.

What Would a Good Friend Do? Look at the pictures and read the scenarios for the situations in the left column. Have kids figure out which picture on the right side matches up with the situation for what a good friend could do. Read and discuss each. Then summarize some of the things that good friends can do for each other (comfort, warn, guide, teach, remind, love, etc.). Could also cut apart and do a memory match game (match the scenario up with what a good friend could do).

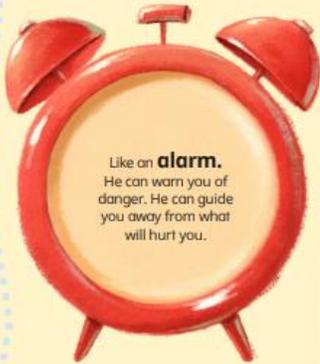
 <p>You are camping in the mountains. It is cold and you start to shiver. What might a good friend bring you to help you feel better?</p>	<p>A note to let you know she cares about you and hopes you feel better soon</p> 
 <p>You are hiking on a trail in the mountains. You're not sure which way to go. What might a good friend help you find?</p>	<p>Let you know ("alarm" you) that there is a dangerous snake up ahead</p> 
 <p>While hiking, you don't notice a rattlesnake on the trail ahead of you. What might a good friend do?</p>	<p>A Blanket</p> 
 <p>You have to stay inside your house because you're sick. What might a good friend bring you to help cheer you up?</p>	<p>Teach you new ways to draw well and remind you of good art skills you've already learned.</p> 
 <p>Your friend is a really good artist who draws amazing pictures. You ask him to help you learn to draw like him. What would a good friend do?</p>	<p>A sign telling you which way to go</p> 

# What Can the Holy Ghost Do?

From [https://www.lds.org/bc/content/shared/content/images/magazines/friend/2019/06/june-2019-friend-magazine-jesus-christ\\_2236759.pdf](https://www.lds.org/bc/content/shared/content/images/magazines/friend/2019/06/june-2019-friend-magazine-jesus-christ_2236759.pdf)

## THE HOLY GHOST IS...

By Marissa Widdison  
Church Magazines



- 1. One member of the Godhead.** That means He works with Heavenly Father and Jesus Christ to help us. He is sometimes called the Spirit because He doesn't have a body.
- 2. A gift that comes with baptism.** After you are baptized, you will get a special blessing called "confirmation" that invites you to receive the Holy Ghost.
- 3. A promise from Heavenly Father.** When you take the sacrament, you promise to keep following Jesus. In return, Heavenly Father promises the Holy Ghost will be with you.



**IN THE SCRIPTURES:**  
John 14:26  
Galatians 5:22  
2 Nephi 31:17-18  
Doctrine and Covenants 130:22

ILLUSTRATIONS BY THE HOLY GHOST

Life-Size Board Game: Cut up the scenario squares and set them in a path leading to the picture of Christ. Have them move forward one square at a time. Read the scenario for them as they look at the picture. If they can explain a good way to handle that situation, they can move forward to the next space. Keep going until they reach the picture of Christ at the end. Maybe have a small treat/prize at the end as well



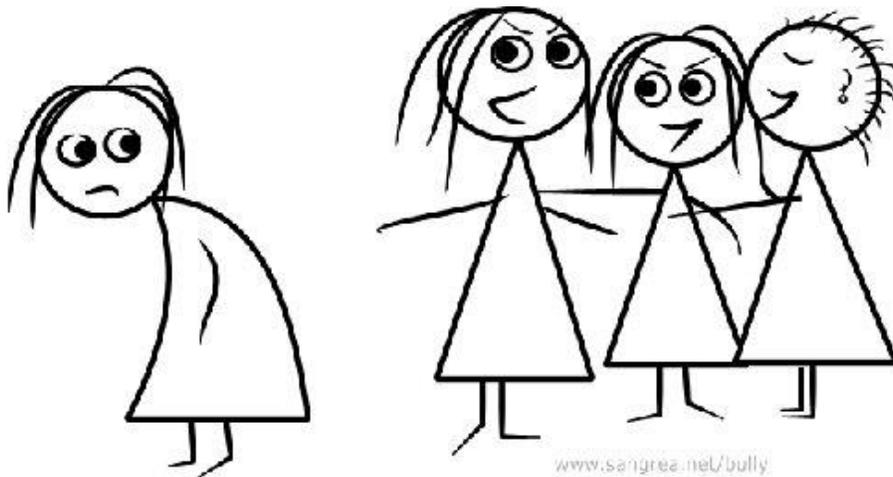
**YOUR SISTER IS CRYING BECAUSE SHE  
SPILLED HER JUICE. WHAT COULD YOU  
DO?**



**YOUR NEIGHBOR IS SITTING OUTSIDE  
LOOKING SAD. WHAT COULD YOU DO?**



**THE FRIENDS YOU'RE PLAYING WITH ARE  
SAYING MEAN THINGS ABOUT ANOTHER  
GIRL. WHAT COULD YOU DO?**



**YOUR FRIEND TAKES SOME COOKIES HE'S  
NOT SUPPOSED TO TAKE. WHAT COULD  
YOU DO?**



**YOUR FRIEND TELLS YOU SHE'S NOT  
SURE IF SHE BELIEVES THAT JESUS IS  
REAL. WHAT COULD YOU DO?**

