

March 11-17 Matthew 10-12; Mark 2; Luke 7; 11

## "THESE TWELVE JESUS SENT FORTH"

1. The Lord Gives His Servants Power to do His Work: Ask them if they remember what it means to "heal" (to help people feel better). What were some things Jesus did to heal people? Review some of the miracles from last week's lesson. Did anyone else have power to heal like Jesus did?
  - Read Matthew 10:1 and explain that he gave that power to people he called His apostles. What were some things that He gave them power to do?
  - Show pictures and discuss the original apostles and the apostles we have now.
  - In Matthew 10:7, He also tells His apostles to "preach." What does it mean to preach? Explain that another thing apostles do is to teach us important things about God and Christ.
2. Fruit Activity: Matthew 12:33 says that "the tree is known by his fruit"- One way we can know if the apostles' and prophets' teachings are good is to listen to their words. Do they teach us good things or bad things? If an apple tree is good, will the apples on it be good or bad? If the tree is bad, will the apples be good or bad?
  - Show the apple pictures. Which apple looks like good fruit that you'd want to eat?
  - If someone offered you the bad apple, would you want to eat it?
  - When prophets and apostles speak, do they say things that are good like the green apple or things that are bad like the rotten one? If they speak good things that help us feel closer to Christ, then we can know that the prophets/apostles are good.
  - Quotes: Read/discuss quotes from apostles one at a time, and have them decide if this is a good thing or a bad thing. Put good things in good fruit pile, bad things in bad pile. When done, help them see that what the apostles teach us is good.
  - If there's extra interest in any particular quote/apostle, show them the 5 minute video that goes along with it found here: <https://www.lds.org/prophets-and-apostles/what-are-prophets-testimonies?lang=eng>
3. Cup Pyramid: (use small paper/plastic cups for this activity)
  - 12 Apostles (Bottom Row): Explain that Jesus calls apostles to help build His church. Show picture of Christ ordaining His apostles. Have them count how many apostles there were. Read Matthew 10:1-4 and have them listen to see if they hear the names of these apostles. Write the 12 names on 12 different cups.
  - Then show picture of modern-day apostles and have them count them. How do you think the apostles back then and now are the same/different? Briefly explain the first presidency as well. Tape each of the modern-day apostle pictures onto the cups with the original apostles' names.
  - Teachings (Middle Rows): Tape each of the apostle quotes onto cups to stack in rows on top of the bottom row. Talk about other things they teach us and add cups onto the tower to

represent these things. Can use pictures from conference bingo link below as well. Ask if they can remember things apostles have talked about during conferences in the past.

- Christ (Top of Pyramid): Why do apostles do what they do? Read/summarize 1 Nephi 22:23. This means that if churches are built up and teach things just because they want to have power over people, they want to become popular, or they want worldly things, they will fall. Do prophets and apostles do what they do because they want money? They want to be popular? They just want to tell us what to do? No. They want to help bring us closer to Christ. Put picture of Christ on top. Share testimonies of how listening to apostles will help bring us closer to Christ.
  - What would happen if we took the bottom cups out? It would all fall. Read Ephesians 2:20. Help them see that apostles are important to the Church. When we listen to them during conference and do the things they teach, it brings us closer to Christ. Remind them that our next conference is coming up in April and encourage them to listen to the things they teach us while they watch.
  - If you have older kids, you could take the discussion deeper and get into the Apostasy/Restoration following directions here: <http://laytreasuresinheaven.com/paper-cup-apostasy/>
4. Blessing Pictures: What are some blessings we get from listening and doing these things? Show/discuss blessing pictures below. Read and summarize each scripture and have them listen to figure out which picture goes with each scripture.
  5. Matthew 10:40: Explain that by listening to prophets and apostles, we show Christ that we believe in Him and want to get closer to Him and Heavenly Father. Talk about ways we can be reverent and try to listen during conferences so that we can receive these blessings.
  6. Sabbath Day: Another thing prophets and apostles have taught is to keep the Sabbath Day holy. Explain that “Sabbath Day” means Sunday. President Russell M. Nelson taught that “True believers keep the Sabbath day holy.” Explain what it means to keep it holy. Matthew 12:12 says to “do well” on the Sabbath. How can we “do well” on Sundays? Use some of the ideas in this link: <https://www.thecozyredcottage.com/2018/10/i-can-keep-sabbath-day-holy-lesson-37.html> . Sing “Saturday” primary song.
  7. Treat (Sunday Sundaes): Make Ice Cream Sundaes- For each good thing they can think of as a way to keep the Sabbath day holy, they can put another topping on their ice cream sundaes. If you have older kids, you can use some of the ideas from this blog: <http://megjohnsonblog.com/sunday-sundaes-a-lesson-on-keeping-the-sabbath-day-holy/>

*Additional Ideas:*

Conference Punch Cards: <https://brightlystreet.com/general-conference-punch-the-point/>

Conference Bingo: [http://2.bp.blogspot.com/-Gx04mOHPIL4/UkJrHaLB--/AAAAAAAAAB1c/3Pj\\_KqmCw5A/s1600/General\\_conference\\_BINGO.jpg](http://2.bp.blogspot.com/-Gx04mOHPIL4/UkJrHaLB--/AAAAAAAAAB1c/3Pj_KqmCw5A/s1600/General_conference_BINGO.jpg)

Prophets/Apostles Match with info. about each: <https://www.lds.org/study/friend/2018/05/our-prophets-and-apostles-today?lang=eng>

Conference Activities for Kids: <https://onshetwashe.com/general-conference-activities/>

Fruit Activity:



Apostle Quotes: Cut apart and put into good fruit pile if it's a good thing or bad fruit pile if it's not a good thing

You should be mean to people. (NOT an apostle)	Jesus is the Living Christ, Our Lord and Savior (Russell M. Nelson)	The Sacrament Helps Us Draw Closer to Jesus Christ (Dallin H. Oaks)	Temples Reflect the Savior's Love for Us (Henry B. Eyring)
Jesus Christ Directs His Church and His Work (M. Russell Ballard)	Christ's Atonement is Central to the Plan of Happiness (Jeffrey R. Holland)	Jesus Christ Lives Today (Dieter F. Uchtdorf)	Power to Act in the Name of Christ is Once Again on Earth (David A. Bednar)
We Can Carry the Gospel of Jesus Christ to All the World (Quentin L. Cook)	Heavenly Father and Jesus Christ Appeared to Joseph Smith (D. Todd Christofferson)	Sacrifices are Necessary to Truly Know the Lord (Neil L. Andersen)	A Testimony of Christ Creates a Heritage of Faith (Ronald A. Rasband)
Prophets Show Us the Way to Happiness and Eternal Life (Gary E. Stevenson)	Temples Bless People with Power and Seal Families for Eternity (Dale G. Renlund)	"The Lord is kind and seeks to bless us." (Gerrit W. Gong)	Being meek does not mean weakness, but it does mean behaving with goodness and kindness. (Ulisses Soares)

Cup Pyramid:



*First Presidency*



Dallin H. Oaks      Russell M. Nelson      Henry B. Eyring

*Quorum of the Twelve Apostles*



M. Russell Ballard      Jeffrey R. Holland      Dieter F. Uchtdorf      David A. Bednar      Quentin L. Cook      D. Todd Christofferson  
Neil L. Andersen      Ronald A. Rasband      Gary E. Stevenson      Dale G. Renlund      Gerrit W. Gong      Ulisses Soares

Blessing Pictures:

Read/discuss the scriptures that describe blessings from listening to prophets/apostles and see if they can figure out which picture goes along with each one.

**Luke 11:34**

Your body will be full of light, not  
darkness  
(You'll be happier!)



**Matthew 11:28-30**

Souls can find rest when you come  
unto Christ and learn of Him  
(You'll be happier!)



**Matthew 10:13**

If we let the teachings of  
prophets/apostles into our home,  
peace will come  
(We'll be happier!)



Conference Punch Cards: Have them listen for the following words during General Conference. Punch a hole by each word each time they hear it. From <https://brightlystreet.com/general-conference-punch-the-point/>

"Punch the Point"

 JESUS CHRIST	<input type="checkbox"/>	<input type="checkbox"/>
 FAMILY	<input type="checkbox"/>	<input type="checkbox"/>
 PROPHET	<input type="checkbox"/>	<input type="checkbox"/>
 SCRIPTURES	<input type="checkbox"/>	<input type="checkbox"/>
 TEMPLE	<input type="checkbox"/>	<input type="checkbox"/>
 HOLY GHOST	<input type="checkbox"/>	<input type="checkbox"/>
 CHURCH	<input type="checkbox"/>	<input type="checkbox"/>
 PRIESTHOOD	<input type="checkbox"/>	<input type="checkbox"/>

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